

ACTION

1. *Read the list of verbs and checkmark any that are meaningful to you.*
2. *Review your list and circle those that are more meaningful to you. Narrow them down to 10, then select your top 3.*

accomplish	complete	educate	give	measure
acquire	compliment	elect	grant	mediate
adopt	compose	embrace	grow	mentor
advance	conceive	encourage	heal	model
affect	confirm	endow	hold host	mold
affirm	confront	engage	identify	motivate
alleviate	connect	engineer	illuminate	move
amplify	consider	enhance	implement	muster
announce	construct	enlighten	improve	negotiate
appreciate	contact	enlist	improvise	nurture
ascend	continue	enliven	inform	open
associate	counsel	entertain	inspire	organize
believe	create	enthuse	integrate	participate
bestow	decide	envision	introduce	pass
brighten	declare	equip	involve	perceive
build	defend	evaluate	journey	perform
call	delight	excite	keep	persuade
cause	deliver	explore	know	play
challenge	demonstrate	express	labor	possess
champion	desire	extend	launch	practice
choose	devise	facilitate	lead	praise
claim	direct	finance	light	prepare
collect	discover	forgive	live	present
combine	discuss	foster	love	proclaim
command	distribute	franchise	make	produce
communicate	draft	further	manifest	profess
compel	dream	gather	master	promise
compete	drive	generate	mature	promote
protect	relate	safeguard	surrender	urge
provide	relax	satisfy	sustain	use
pursue	release	save	take care	utilize
realize	rely	search	team	validate
receive	remember	seek	touch	venture
reclaim	renew	sell	trade	verbalize
recognize	resonate	serve	train	voice
reduce	respect	share	transform	volunteer
refine	restore	speak	translate	work
reflect	return	stand	travel	work
reform	revise	summon	understand	worship
regard	sacrifice	support	unleash	write
				yield